

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
(SCHOOL) home at 3.45pm	(SCHOOL) home at 3.45pm	(SCHOOL) home at 3.45pm	(SCHOOL) home at 3.45pm	(SCHOOL) home at 3.45pm	9-10.30 Homework	9-10.30 Homework	
3.45-4.30 Chill out	3.45-4.30 Chill out	3.45-4.30 Chill out	3.45-4.30 Chill out	3.45-4.30 Chill out		(short break)	
4.30-6.00 Homework	4.30-6.00 Homework	4.30-6.00 Homework	4.30-6.00 Homework	4.30-6.00 Homework	OUT WITH FRIENDS/FAMILY	11.00-11.45 revision (drink break)	
6-630 DINNER	6-630 DINNER	6-630 DINNER	6-630 DINNER	6-630 DINNER			12.00-12.30 revision
6.30-700 Chill out	6.30-700 Chill out	6.30-700 Chill out	6.30-700 Chill out	6.30-700 Chill out	(Day off)	Lunch	
7-745 Revision (drink break)	7-745 Revision (drink break)	7-745 Revision (drink break)	7-745 Revision (drink break)	Night off		Chill out time	
8-845 Revision	8-845 Revision	8-845 Revision	8-845 Revision			7-745 Revision (drink break) 8-845 Revision	5-5.45 Revision
8.45-9.45 Chill out	8.45-9.45 Chill out	8.45-9.45 Chill out	8.45-9.45 Chill out		Rest of night off!	Dinner and chill out time	
9.45 pack bag, get ready for bed etc.	9.45 pack bag, get ready for bed etc.	9.45 pack bag, get ready for bed etc.	9.45 pack bag, get ready for bed etc.				7-745 Revision (drink break) 8-845 Revision
10.00 BED	10.00 BED	10.00 BED	10.00 BED				8.45-9.45 Chill out
<i>H/work: 1 hr 30 min Chill/me time: 3 hours Revision: 1 hour 30 mins</i>	<i>H/work: 1 hr 30 min Chill/me time: 3 hours Revision: 1 hour 30 mins</i>	<i>H/work: 1 hr 30 min Chill/me time: 3 hours Revision: 1 hour 30 mins</i>	<i>H/work: 1 hr 30 min Chill/me time: 3 hours Revision: 1 hour 30 mins</i>	<i>H/work: 1 hr 30 min Chill/me time: LOADS</i>		9.45 pack bag, get ready for bed etc.	
						10.00 BED	

This is just an example, but in this example the pupil has planned for a total of **10 and a half hours for homework** and **almost 12 hours of revision**. BUT, there is **MORE time for 'chilling out' and socialising** (12 hours between Monday and Thursday, plus most of Friday night, plus most of Saturday and all of Sunday afternoon).