

STUDENT BULLETIN

Week beginning Monday 12 September 2016

VALUE FOR THE MONTH: THE RULE OF LAW

THEME FOR THE WEEK: 'DO WHAT YOU CAN WITH WHAT YOU HAVE,
WHERE YOU ARE'

Welcome back everyone!

Can I formally welcome our Year 7 students into Chingford Foundation School and congratulate you all on a great start to the school year.

It has been a busy summer and lots of students and staff worked hard on Summer School and Boot Camp. We celebrate another great set of GCSE and A level results. Our popularity as a school has grown and we now have an even bigger Year 7 group and Year 12 group. This is all because we are a safe, happy and successful school and we all have a responsibility to keep it that way. We have also invested one in our environment and equipment. We have a responsibility to look after those too.

Taking responsibility is a very caring approach but one that that reaps benefits on everyone that practices it. In CFS, taking responsibility boils down to a few simple points:

- Be fully equipped
- Be properly dressed
- Be here
- Be punctual
- Be considerate
- Be polite
- Be ambitious for yourself, your friends and for your school

Let's have a good week.

Mr Mahir



Being a young person today can be tough. Not only do you have to deal with normal issues and changes in your body, but sometimes, the temptations, choices, disappointments and decisions you have to face are vast and can be overwhelming. Unexpected life events can suddenly happen which you may not understand and find difficult to cope with. This may lead to overwhelming feelings of confusion or despair. For others, nothing much may have changed, but you just feel out of sorts, for no clear reason.

CFCS are introducing a new provision this September called 'e-mentoring' for students who might have important issues to discuss, but find it difficult to initially talk about them in a face to face meeting. If you need support please email Mrs Goldstone at: e-mentoring@chingford.waltham.sch.uk.

Please note

- 1) emails must be sent from your school email account
- 2) All information will be dealt with sensitively, but may be shared with others if appropriate and monitored.
- 3) This is not an emergency out of hours service.

I look forward to introducing this service in Assemblies this term.

"Do not depend on others for safety – Help yourself"

Mrs Goldstone